



## Skill Up! [6 weeks]

📍 Fundacja Inicjatywa Dom Otwarty - Warszawa, Polska



### Global Volunteer

Volunteer in NGOs, Schools, or Foundations in various countries.

[Find out more](#)



### English, Russian

These are the locally spoken languages that you'll have to know.

## Project

The project aims to impact SDG #8 by providing young people with soft and hard skills trainings, needed to qualify for a decent job, and career guidance.

This project contributes to,



### Decent Work And Economic Growth - Target 8.6

By 2020, substantially reduce the proportion of youth not in employment, education or training



### Project Activities

#### Week 1

- Create an implementation plan on how the project should unfold and determine materials to be used
- Onboarding space with partner representatives to understand the current scenario, beneficiaries and discuss about the outcome of the project
- Introductory session with the beneficiaries, presentation of the volunteers and project objectives.
- Run the initial assessment needed for measuring the outcome/impact of the project
- Preparing the activities that will be done in the following weeks and receiving feedback from the partners and AIESEC

#### Week 2

- Assessment of their current hard and soft skills: where can they improve?
- Workshop: Empowering Futures - introduction to SDG 8
- Workshop: Introduction to Soft and Hard Skills

#### Week 3

- Soft skill workshops based on demands and needs of participants. (communication, leadership, problem solving, adaptability, time management etc)
- Activity: introspection space for participants to realize their own strengths and weaknesses and identify what soft skills they have and what can they improve.
- Development spaces (games, dynamics, role play, roundtables, etc) about soft skills development: solution oriented, world citizen, empowering others, self awareness

#### Week 4

- Organize group discussions where participants share best practices related to specific hard skills.
- Offer workshops that cover foundational digital skills (e.g., Microsoft Office, digital collaboration) alongside those focused on high-demand skills (e.g., programming, entrepreneurship).
- Activity: introduce the beneficiaries to professionals from different work fields, so that youth can learn more about the diversity of job opportunities and their needed hard skills



## SAMPLE PROJECT – GLOBAL VOLUNTEER

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### **Week 5**

- Workshop: Application procedures. How to create a CV, write motivation letter and do an interview?
- Workshop: Self Branding. How to "sell" yourself?
- Practice: Let participants do mock application procedures and give them feedback on the output

### **Week 6**

- Closing day with beneficiaries
- Collect data from beneficiaries (you can use surveys, interviews, focus groups, etc.)
- Analyse data to determinate outcome/impact results (level of awareness of beneficiaries post-project activities).
- Build final project report and presented to AIESEC members and NGO/non-profit representatives.
- Debrief the impact of the project, how the beneficiaries developed, discuss about what went well and even better if and include this in the report



## SAMPLE PROJECT – GLOBAL VOLUNTEER

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### Eligibility

Check how well you match the required profile

#### Backgrounds

Education

Psychology

Languages (Required)

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#### Skills

Adaptability

Creativity

Presentation skills

Language Teaching

Communication

Handling Pressure

Self-Confidence

Self Awareness

Computer

Community Development

Critical Thinking

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#### Languages

English (Required)

Russian (Required)



## SAMPLE PROJECT – GLOBAL VOLUNTEER

Minimum study level

High School (Required)

### Logistics

What you'll be provided with during your stay

#### Accommodation

A place to stay will be provided and paid for.

#### Food


1 meal per day will be provided and paid for.

#### Leadership space

AIESEC will be providing leadership training during your experience.

[Learn more about the training](#)

#### Not included

 Transportation

 Computer