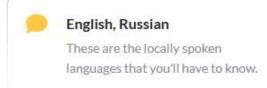




# Skill Up! [6 weeks]

Fundacja Inicjatywa Dom Otwarty - Warszawa, Polska





## **Project**

The project aims to impact SDG #8 by providing young people with soft and hard skills trainings, needed to qualify for a decent job, and career guidance.

This project contributes to,



Decent Work And Economic Growth - Target 8.6

By 2020, substantially reduce the proportion of youth not in employment, education or training





## Project Activities

#### Week 1

- Create an implementation plan on how the project should unfold and determine materials to be used
- Onboarding space with partner representatives to understand the current scenario, beneficiaries and discuss about the outcome of the project
- Introductory session with the beneficiaries, presentation of the volunteers and project objectives.
- Run the initial assessment needed for measuring the outcome/impact of the project
- Preparing the activities that will be done in the following weeks and receiving feedback from the partners and AIESEC

#### Week 2

- Assessment of their current hard and soft skills: where can they improve?
- Workshop: Empowering Futures introduction to SDG 8
- Workshop: Introduction to Soft and Hard Skills

#### Week 3

- Soft skill workshops based on demands and needs of participants. (communication, leadership, problem solving, adaptability, time management etc)
- Activity: introspection space for participants to realize their own strengths and weaknesses and identify what soft skills they have and what can they improve.
- Development spaces (games, dynamics, role play, roundtables, etc) about soft skills development: solution oriented, world citizen, empowering others, self awareness

#### Week 4

- Organize group discussions where participants share best practices related to specific hard
- Offer workshops that cover foundational digital skills (e.g., Microsoft Office, digital collaboration) alongside those focused on high-demand skills (e.g., programming, entrepreneurship).
- Activity: introduce the beneficiaries to professionals from different work fields, so that youth can learn more about the diversity of job opportunities and their needed hard skills



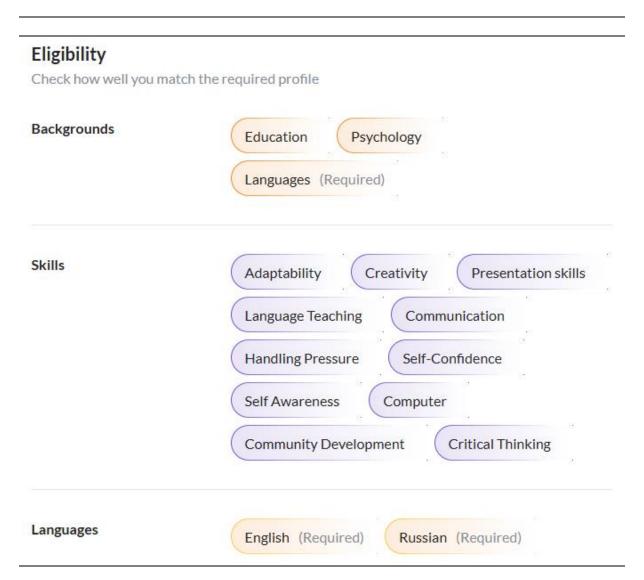
#### Week 5

- Workshop: Application procedures. How to create a CV, write motivation letter and do an interview?
- Workshop: Self Branding. How to "sell" yourself?
- Practice: Let participants do mock application procedures and give them feedback on the output

#### Week 6

- Closing day with beneficiaries
- Collect data from beneficiaries (you can use surveys, interviews, focus groups, etc.)
- Analyse data to determinate outcome/impact results (level of awareness of beneficiaries postproject activities).
- Build final project report and presented to AIESEC members and NGO/non-profit representatives.
- Debrief the impact of the project, how the beneficiaries developed, discuss about what went well and even better if and include this in the report



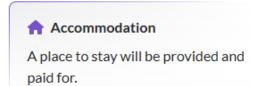


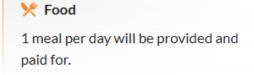


Minimum study level High School (Required)

## Logistics

What you'll be provided with during your stay





Leadership space

AIESEC will be proving leadership training during your experience.

Learn more about the training

Not included

☐ Transportation
☐ Computer